



### How Skins Work?

Skins™ BioAcceleration Technology™ has been developed over years of scientific research. Ongoing testing of elite athletes have proven that Skins™ BioAcceleration Technology™ creates marked improvements in reducing the build-up of lactic acid immediately after periods of sustained exercise (2hrs and 15 mins up to 37% ), and allows for more rapid return to normal levels (up to 38% at 20 minutes). You experience less fatigue, minimise soreness and recover faster.

Skins™ is body-moulded compression performance equipment manufactured from the finest Lycra and Meryl Microfibre, scientifically engineered to provide support and muscle alignment to the smart-fabric covered area of your body. Skins™ will definitely change the way that you train and play as well as speed your recovery. You will feel fresher after heavy bouts of exercise and delayed onset muscle soreness (DOMS) will be minimised.

### Men's Sport Skins

Skins™ sport is body-moulded gradient compression performance equipment with built-in BioAcceleration Technology™ which will enhance your performance in training, competition and recovery.

Additional benefits of Skins™ sport include:

- reducing lactic acid build-up, increasing muscle oxygenation and enhancing circulation;
- focusing muscle power;
- moisture management wicking;
- optimising body temperature in warm or cool conditions;
- preventing odour through antibacterial treatments;
- 50+ UV protection

### Ladies She Skins

Skins™ she are body-moulded gradient compression performance equipment with built-in BioAcceleration Technology™. The she range is cut specifically for women and has been developed for the more serious athlete.

Skins™ she offers many features and benefits including:

- BioAcceleration Technology™, which helps to reduce lactic acid build-up, increase muscle oxygenation, enhance circulation and optimise body temperature in warm or cool conditions;



- muscle wrapping seams, which focus muscle power;
- moisture management wicking, keeping you dry and comfortable;
- Antibacterial and antimicrobial treatments, which prevent odour and;
- 50+ UPF protection
- Improved circulation delivered by the gentle compression of Skins™ she can also help to avoid venous issues to which women are particularly susceptible.

### Unisex Travel and Recovery Skins

Skins™ travel & recovery are body-moulded compression tights, with built-in BioAcceleration Technology™. They provide engineered gradient compression for your lower body, maintaining healthy circulation and minimising swelling and dehydration – the primary cause of jetlag – during forced periods of inactivity.

Skins™ travel & recovery regulate your body temperature – they breathe, wick perspiration away from your skin and are sanitised. Pull Skins™ travel & recovery on under your clothing before you travel and leave them on until after you arrive at your destination. You'll be surprised at just how much better you feel after your journey.

Skins™ travel & recovery are also great to wear throughout the day and to bed to assist recovery and reduce the symptoms of tired, aching legs.